



Interested applicants may request for registration forms from the program coordinators. Please see contact details. Accomplished application form together with an ID picture and recommendation letter from the leader of the congregation should be received on or before **August 1, 2023**

All participants will be scheduled for an interview with the Program Director before the start of the program. The schedule of the interview will be communicated to the participant via email after receipt of the registration form. Early registration is very much appreciated. The Program proper will start with an Orientation on **September 7.**

All sessions will be delivered in English. It is expected that all applicants are fluent in speaking and comprehending English.

This Formators' program which will last for five months will amount to **Php 140,000.00** inclusive of e-copy of presentation materials, spiritual direction, an end-of-program integration retreat and a certificate.

It is recommended that while following the course, the participants must secure a strong and stable connectivity to the internet wherever they are. A headphone offers the best audio connection especially for participation and to block background noises. Online sessions shall be limited to three hours per session. The resource speakers may leave some activities for the rest of the day to be accomplished before the next meeting.

Kindly make the following materials available when needed in some of the sessions: Your Congregation's Constitution and By Laws, brief history, profile or any other documents reflecting your Congregation's Charism, any available Formation Program of your congregation, a Bible, art materials, prayer corner and a conducive place while in attendance.

INSTITUTE OF FORMATION AND RELIGIOUS STUDIES

122 N. domingo cor. St John Street,
Cuabo, Quezon Clty, Philippines

We Drink From Our Own Wells

An Accompaniment
Program for Formators

**Sept. 7, 2023 to
Feb. 9, 2024**



*Intensive Course
online*

IFRS also offers
One Year Certificate Program
in Religious Studies:
Bachelor of Arts in Religious Studies
Master of Arts in Religious Studies
Areas of Concentration:
- Women and Religion
-Theology
-Scripture
Renewal Programs
Audit in Chosen Courses
Continuing Formation

THE PERSON OF THE FORMATOR

The person of the Formator is vital in the formation ministry. The process of facilitating the faith-life journey of others presupposes that Formators are themselves familiar with their own faith-life journey. The capacity to recognize God's movements in their life will enable them to accompany others with confidence in their journey towards wholeness and fullness of life.

Program Covers the following areas:

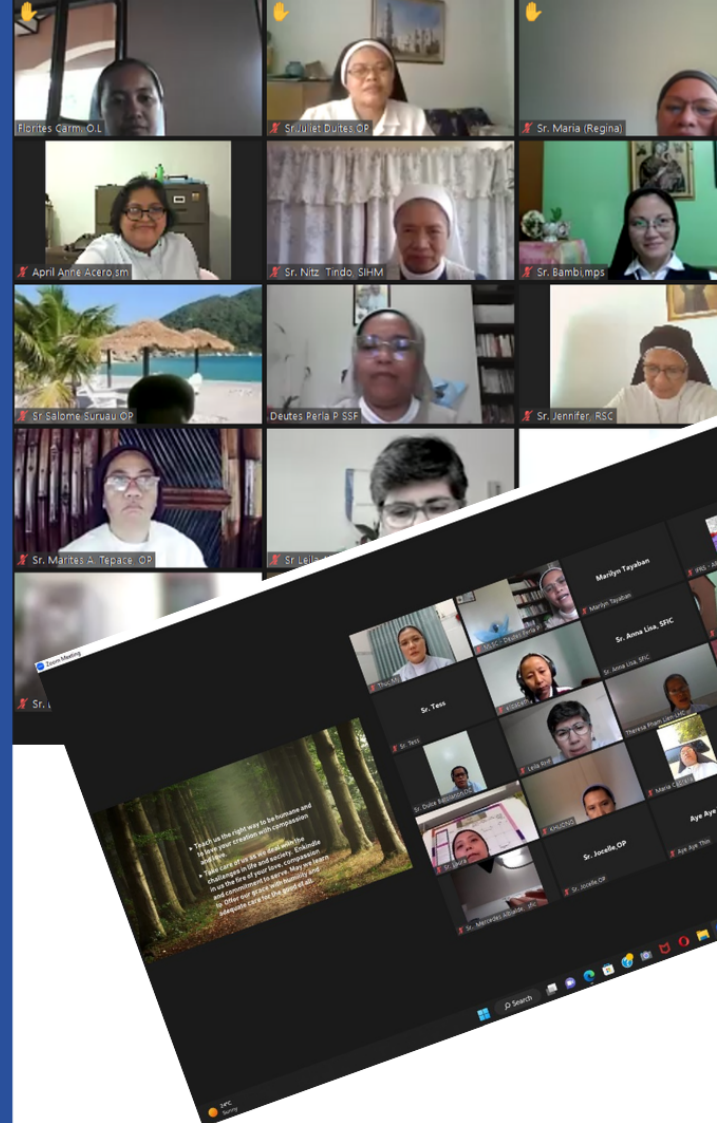
- I. Human Development
- II. Theological /Biblical Formation
- III. Religious and Spiritual Formation
- IV. Mission

This program is in partnership with the **Conference of Major Superiors of the Philippines (CMSP)**

Scholarship for women candidates may be availed from the office of CMSP
Please contact:
Ms. Veron Ojario-Rodrigo at:
Landline - 02 86318948
Mobile No. 09989656726
email add: amrsp.org@gmail.com

Topics

- Community Building/Orientation
- Touching Current issues
- Personal Vocation/Motivation
- Human Trauma
- Dynamics Within
- Forms and Approaches to Prayer
- Multi-Cultural Living
- Arts and Spirituality
- Creative Expressions
- Psycho-Sexual Development
- Human Development Stages
- Stages of Faith and Moral Development
- Human Intimacy
- Moral Ethics
- Counselling Skills
- Scriptural Foundation of Formation
- Ecology and Ethics
- Realities and Challenges to Consecrated Life in Asia
- Mission in Asia/Pacific
- Understanding the Asian Youth Today
- Congregation Charism and Mission
- Prophetic Vows
- Paradigm Shifts in Understanding and Expressions of Consecrated Life
- Selection and Assessment of Candidates
- Creation Spirituality and Formation
- Program Designing: All participants will design their own Formation Program as an output



Contact Us!

Look for: Ms. Roella Fernandez
Landline: 02-87247173 loc. 105
Mobile No. (+63) 9683468334
(+63) 9959877496

Ms. Ghen Lorenzo Loc. 101
ifrs1963.edu@gmail.com
Ms. Cynthia P. Calubaquib
ercfoifrs@gmail.com